



## Schar Gluten Free Bread - Seeded Sliced Loaf 300g

### Product Images



## Additional Information

Brand	Schar
Suitable For	Vegetarian, Lactose Free, Gluten Free
Does Not Contain	Celery, Crustacea, Eggs, Fish, Gluten, Milk, Molluscs, Nuts, Peanuts, Sulphites

## Storage

Temperature	Ambient
-------------	---------

## Ingredients

Ingredients	Maize starch, water, sourdough 14% (rice flour, water), rice starch, vegetable fibre (psyllium), rice syrup, sunflower oil, SOYA flakes, sunflower seeds (2.1%), millet flour (2%), flax seeds (1.9%), thickener; hydroxypropyl methyl cellulose. quinoa flour (1.3%), yeast, rice flour (1.3%), SOYA protein, SOYA bran, iodised salt (salt, potassium iodide), poppy seeds (0.6%), chia (salvia hispanica) seeds (0.6%), honey.
-------------	---

# Allergens

Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	May Contain
Milk	No
Molluscs	No
Mustard	May Contain
Nuts	No
Peanuts	No
Sesame	May Contain
Soya	Yes
Sulphites	No

# Dietary Information

Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan	No
Suitable for a Vegetarian	Yes

---

Carbs per 100g (g)	38 g
Carbs of which Sugars per 100g (g)	4.1 g
Fat per 100g (g)	6.6 g
Fat of which Saturates per 100g (g)	0.8 g
Fibre per 100g	9.9 g
Energy per 100g (kcal)	249 kcal
Energy per 100g (kJ)	1044 kJ
Protein per 100g (g)	4.5 g
Salt per 100g (g)	0.97 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

## Nutritional Information