



## Sliced Gammon Ham (10/12 Slices) 500g

### Product Images



## Additional Information

Brand	Wessex Country Gammons
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## Storage

Temperature	Chilled
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## Ingredients

Ingredients	Pork Leg, Salt, Emulsifiers: E451(I) & E450, Sugar, Preservatives: E250 & E251, Antioxidant E301
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## Nutritional Information

Carbs per 100g (g)	0.7 g
Carbs of which Sugars per 100g (g)	0.1 g
Fat per 100g (g)	4.9 g
Energy per 100g (kcal)	142 kcal
Energy per 100g (kJ)	595 kJ
Protein per 100g (g)	22 g
Salt per 100g (g)	2.5 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.