



Rowes Pepper Steak Bake 150g Unbaked (40 Pack)

Product Images



Additional Information

Brand	Rowes
Does Not Contain	Celery, Crustacea, Fish, Molluscs, Nuts, Peanuts, Sesame, Soybeans, Sulphites, Lupin

Storage

Temperature	Frozen
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Ingredients

Ingredients	WHEAT Flour (Contains GLUTEN) (Calcium, Iron, Niacin, Thiamin), Beef (27%), Palm Oil, Potatoes, Onions, Water, Vegetable Oil, Double Cream (MILK), Cornflour, Whole EGG, Beef Stock (Contains Beef Bonestock, Yeast Extract, Salt, Lemon Juice, Beef Fat), Salt, Black Pepper, Gelatine Powder, White Pepper, Rehydrated Garlic, MUSTARD Seeds, Spirit Vinegar, Raising Agent (Ammonium Bicarbonate), Acidity Regulator (Citric Acid).
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Allergens

Celery	No
Gluten	Yes
Crustacea	No
Eggs	Yes
Fish	No
Lupin	No
Milk	Yes
Molluscs	No
Mustard	Yes
Nuts	No
Peanuts	No
Sesame	No
Soya	No
Sulphites	No

Dietary Information

Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan	No
Suitable for a Vegetarian	No

Carbs per 100g (g)	25 g
Carbs of which Sugars per 100g (g)	0.6 g
Fat per 100g (g)	19.5 g
Fat of which Saturates per 100g (g)	0.6 g
Fibre per 100g	1.6 g
Energy per 100g (kcal)	329 kcal
Energy per 100g (kJ)	1374 kJ
Protein per 100g (g)	12.9 g
Salt per 100g (g)	0.74 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

Nutritional Information