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## K.K Veg Roast with Apricot & Goats Cheese 290g (12 Pack)

### Product Images

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Brand	K.K. Fine Foods
Suitable For	Vegetarian
Does Not Contain	Celery, Crustacea, Fish, Molluscs, Mustard, Nuts, Peanuts, Sesame, Soybeans, Lupin

## Storage

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Temperature	Frozen
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## Ingredients

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Ingredients	Root Vegetables (31%) (Parsnip (53%), Carrot, Potato), Onion (13%), Goats Cheese (MILK) (10%), Mushroom, Spinach, White Breadcrumbs (WHEAT Flour (with added Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Yeast), Unsalted Butter (MILK), Sunflower Seeds (2%), Dried Apricots (4%) (Preservatives (SULPHITES)), EGG, Tomato Puree, Rapeseed Oil, Garlic Puree, Ginger Puree, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Rapeseed Oil, Spices (Lovage Leaves Powder, Turmeric Powder, Dried Parsley, White Pepper Powder, Garlic Powder, Mace Powder, Nutmeg Powder), Lovage Extract), Salt, Black Pepper, Parsley, Chillies.
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## Additional Information

## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Eggs	Yes
Fish	No
Lupin	No
Milk	Yes
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soya	No
Sulphites	>10mg

## Dietary Information

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Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan	No
Suitable for a Vegetarian	Yes

## Nutritional Information

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Carbs per 100g (g)	15.41 g
Carbs of which Sugars per 100g (g)	5.6 g
Fat per 100g (g)	11.51 g
Fat of which Saturates per 100g (g)	5.01 g
Fibre per 100g	2.6 g
Energy per 100g (kcal)	186 kcal
Energy per 100g (kJ)	775 kJ
Protein per 100g (g)	5.82 g
Salt per 100g (g)	0.55 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.