



## Raspberry & Almond Tart Gluten Free Flow Wrap (12 Pack)

### Product Images



## Additional Information

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Brand	Central Foods
Suitable For	Vegetarian, Lactose Free, Gluten Free
Does Not Contain	Celery, Crustacea, Fish, Gluten, Milk, Molluscs, Mustard, Sesame, Soybeans, Sulphites, Lupin

## Storage

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Temperature	Frozen
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## Ingredients

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Ingredients	Frangipane (41%) (EGG, Rapeseed Oil, Ground ALMONDS, Rice Flour, Sugar, Brown Sugar, Tapioca Starch, Humectant (Glucose Syrup); Water, Cornflour, Raising Agents (E341, E500); Flavouring, Acidity Regulator (E260)), Pastry (40%) (Rice Flour, Tapioca Starch, Palm Oil, Oligofructose, Rapeseed Oil, Sugar, Water, Ground ALMONDS, Salt, Thickener (E415); Colour (E150a); Emulsifier (E471)), Raspberry Jam (10%) (Glucose-fructose Syrup, Raspberry Concentrate, Sugar, Gelling Agent (E440); Acidity Regulators (E330, E331); Colour (E163); Flavouring, Preservative (E202)), Sweet Dusting (Dextrose, Cornflour, Palm Oil), Flaked ALMONDS (4%).
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## Allergens

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Celery	No
Gluten	No
Crustacea	No
Eggs	Yes
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	May Contain
Sesame	No
Soya	No
Sulphites	No

## Dietary Information

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Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan	No
Suitable for a Vegetarian	Yes

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Carbs per 100g (g)	52 g
Carbs of which Sugars per 100g (g)	18.2 g
Fat per 100g (g)	26 g
Fat of which Saturates per 100g (g)	4.9 g
Fibre per 100g	1.8 g
Energy per 100g (kcal)	473 kcal
Energy per 100g (kj)	1980 kj
Protein per 100g (g)	6.8 g
Salt per 100g (g)	0.25 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

## Nutritional Information