



Vegetable & Cheese Country Bake 110g (20 Pack)

Product Images



Additional Information

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| Brand | Central Foods |
| Suitable For | Vegetarian, Halal |
| Does Not Contain | Celery, Crustacea, Eggs, Fish, Molluscs, Mustard, Nuts, Peanuts, Sesame, Soybeans, Sulphites, Lupin |

Storage

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|-------------|--------|
| Temperature | Frozen |
|-------------|--------|

Ingredients

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| Ingredients | Vegetables (45%) (Green Beans, Sweetcorn, Carrot, Potato, Onion), Breadcrumbs (10%) (Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Yeast, Salt, Emulsifier (Mono- and Di-acetyltartaric Esters of Mono- and Di-glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid)), Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Medium Mature Cheddar Cheese (MILK) (7%), Skimmed MILK Powder, Sunflower Oil, WHEAT Semolina, Modified Maize Starch, Rapeseed Oil, Palm Oil, Salt, Maltodextrin, Whey Powder (MILK), Cheese Powder (Cheese Powder (MILK), Potato Maltodextrin, Salt), Lactose (MILK), MILK Protein, Flavourings (MILK), Yeast Extract, Parsley, Acid (Citric Acid), Spices (White Pepper, Cayenne Chilli), Butter Powder (MILK), Colour (Paprika Extract). |
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Allergens

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|-----------|-----|
| Celery | No |
| Gluten | Yes |
| Crustacea | No |
| Eggs | No |
| Fish | No |
| Lupin | No |
| Milk | Yes |
| Molluscs | No |
| Mustard | No |
| Nuts | No |
| Peanuts | No |
| Sesame | No |
| Soya | No |
| Sulphites | No |

Dietary Information

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|--------------------------------|-----|
| Approved for a Halal | Yes |
| Approved for a Kosher Diet | No |
| Suitable for Coeliacs | No |
| Suitable for Lactose-Free Diet | No |
| Suitable for a Vegan | No |
| Suitable for a Vegetarian | Yes |

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|-------------------------------------|----------|
| Carbs per 100g (g) | 25.3 g |
| Carbs of which Sugars per 100g (g) | 6.9 g |
| Fat per 100g (g) | 8.1 g |
| Fat of which Saturates per 100g (g) | 2.29 g |
| Fibre per 100g | 2.1 g |
| Energy per 100g (kcal) | 204 kcal |
| Energy per 100g (kJ) | 854 kJ |
| Protein per 100g (g) | 6.29 g |
| Salt per 100g (g) | 0.77 g |

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

Nutritional Information