



Paramount 21 Gluten Free Fish Pie 400g (15 Pack)

Product Images



Additional Information

Brand	Paramount 21
Suitable For	Gluten Free, Halal
Does Not Contain	Celery, Eggs, Gluten, Molluscs, Mustard, Nuts, Peanuts, Sesame, Soybeans, Sulphites, Lupin

Storage

Temperature	Frozen
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Ingredients

Ingredients	<div>Potato (33%) Water Cream (Milk) (7%) Salmon (Fish) (5%) Smoked Haddock (Fish) (5%) [Haddock, Salt, Colours (Turmeric, Annatto)] Alaska Pollack (Fish) (5%) Prawns (Crustaceans) (5%) [Prawns, Water, Salt] Milk Butter Leeks (3%) Onions Modified Maize Starch Gluten Free Plain Flour [Rice Flour, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat] Gluten Free Breadcrumb (1%) [Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose] Vegetable Bouillon [Sea Salt, Potato Starch, Maltodextrin, Yeast Extract, Non-Hydrogenated Palm Oil, Onion Powder, Sugar, Garlic Powder, Herbs, Spices, Spice Extract] Salt White Pepper Parsley</div>
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Allergens

Celery	No
Gluten	No
Crustacea	Yes
Eggs	No
Fish	Yes
Lupin	No
Milk	Yes
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soya	No
Sulphites	No

Dietary Information

Approved for a Halal	Yes
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	No
Suitable for a Vegan	No
Suitable for a Vegetarian	No

Carbs per 100g (g)	9.1 g
Carbs of which Sugars per 100g (g)	1 g
Fat per 100g (g)	5.6 g
Fat of which Saturates per 100g (g)	3.1 g
Fibre per 100g	0.2 g
Energy per 100g (kcal)	109 kcal
Energy per 100g (kJ)	452 kJ
Protein per 100g (g)	4.8 g
Salt per 100g (g)	0.8 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

Nutritional Information