



## The Real Olive Co. Smoky Harissa Tapenade 1kg

### Product Images



## Additional Information

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Brand	The Real Olive Co.
Suitable For	Vegetarian, Vegan, Lactose Free
Does Not Contain	Celery, Crustacea, Eggs, Fish, Gluten, Molluscs, Peanuts, Sesame, Soybeans, Sulphites, Lupin

## Storage

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Temperature	Chilled
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## Ingredients

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Ingredients	Cold-pressed sunflower oil, sliced red peppers (26%) (peppers, salt, acidity regulators: citric acid, acetic acid), sun dried tomatoes (22%) (tomatoes, salt), Kalamata Olive Paste (Kalamata olives, salt, extra virgin olive oil, acidity regulator: lactic acid.), sugar, garlic, balsamic vinegar (wine vinegar, concentrated grape must), chilli flakes, ground coriander, ground cumin, preservative: ascorbic acid., smoked paprika (0.26%), acidity regulator: citric acid.
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## Allergens

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Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	May Contain
Nuts	May Contain
Peanuts	No
Sesame	No
Soya	No
Sulphites	No

## Dietary Information

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Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan	Yes
Suitable for a Vegetarian	Yes

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Carbs per 100g (g)	14 g
Carbs of which Sugars per 100g (g)	12.4 g
Fat per 100g (g)	36.3 g
Fat of which Saturates per 100g (g)	4.5 g
Fibre per 100g	3.8 g
Energy per 100g (kcal)	393 kcal
Energy per 100g (kj)	1624 kj
Protein per 100g (g)	1.4 g
Salt per 100g (g)	3.1 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

## Nutritional Information