



Paramount 21 Gluten Free Smoked Haddock & Mozzarella Fishcake 114g (24 Pack)

Product Images



Additional Information

Brand	Paramount 21
Suitable For	Halal
Does Not Contain	Celery, Crustacea, Eggs, Gluten, Molluscs, Mustard, Nuts, Peanuts, Sesame, Soybeans, Sulphites, Lupin

Storage

Temperature	Frozen
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Ingredients

Ingredients	Coating [Water, Rice Flour, Gram Flour, Rapeseed Oil, Potato Starch, Maize Flour, Rice Flakes, Salt, Maize Starch, Dextrose, Thickening Agent (E415), Vegetable Fibre, Paprika, Emulsifier (E471), Colour (E150a)] Potato (29%) MSC Smoked Haddock (Fish) (20%) [Haddock, Salt, Colours (Turmeric, Annatto)] Mozzarella Cheese (Milk) (7%) Cheddar Cheese (Milk) (6%) Spring Onions (3%) Concentrated Lemon Juice Black Pepper
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Allergens

Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	Yes
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soya	No
Sulphites	No

Dietary Information

Approved for a Halal	Yes
Approved for a Kosher Diet	No

Nutritional Information

Carbs per 100g (g)	14.8 g
Carbs of which Sugars per 100g (g)	0.1 g
Fat per 100g (g)	6.1 g
Fat of which Saturates per 100g (g)	0.6 g
Fibre per 100g	0.6 g
Energy per 100g (kcal)	162 kcal
Energy per 100g (kJ)	679 kJ
Protein per 100g (g)	12.2 g
Salt per 100g (g)	0.74 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.