Cooks & Co Anchovy Fillets in Oil 365g

Product Images

Additional Information

Brand	Cooks & Co
Suitable For	Lactose Free
Does Not Contain	Celery, Crustacea, Eggs, Gluten, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Soybeans, Sulphites, Lupin

Storage

Temperature	Ambient

Ingredients

Ingredients	Anchovy Fillets (Anchovy (**Fish**) - Engraulis ringens, Salt) (69%) Sunflower Oil

Allergens

Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soya	No
Sulphites	No

Dietary Information

Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan	No
Suitable for a Vegetarian	No

Carbs per 100g (g)	0.7 g
Carbs of which Sugars per 100g (g)	0.5 g
Fat per 100g (g)	8.1 g
Fat of which Saturates per 100g (g)	1.4 g
Energy per 100g (kcal)	180 kcal
Energy per 100g (kJ)	754 kJ
Protein per 100g (g)	26 g
Salt per 100g (g)	14.3 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

Nutritional Information